

HALE COUNTY 4-H
NEWS BROUGHT TO
YOU BY:

TEXAS A&M
AGRILIFE
EXTENSION



HALE COUNTY 4-H
*Clover
Connection*

December 2020

Gold Star Banquet

The 63rd Annual Gold Star Banquet was held Monday, November 23rd at the Eberly Brooks Center in Lubbock. The banquet recognizes Gold Star recipients and Distinguished Leaders from each county in District 2 and is sponsored by area electrical cooperatives. The 2019-2020 Gold Star recipients were **Landry Miller** and **Kelton Offield**, and the Distinguished Leader for 2019-2020 was **Ollie Hart**.



HEADS • HEART • HANDS • HEALTH



JOIN THE CLUB

Abernathy 4-H Clover Kids Club

WHEN: No Meeting

WHERE:

CLUB MANAGER: Ginger Moore & Brandi Holder

Abernathy 4-H Club

WHEN: Scavenger hunt photos due by Dec. 10th

WHERE: See flyer on next page

CLUB MANAGERS: Angie Carver & Holly Williamson

Cotton Center 4-H Club

WHEN: Thursday, December 17th at 6:30 p.m.

WHERE: Microsoft Teams

CLUB MANAGER: Shelley Berry

Hale Center 4-H Club

WHEN: TBA

WHERE: Akin Elementary School Cafeteria

CLUB MANAGERS: Kim Rowell

Hale County 4-H Horse Club, Plainview 4-H Clover Kids, & Plainview 4-H

WHAT: Adopt-a-Family for Kyle Cozby

Monetary donations will be accepted from December 1-18 at Java the Hut or The Cottage Boutique. Those who donate will sign-in. Make checks payable to Plainview 4-H Club. The money will be split between his wife and parents.

CLUB MANAGERS:

Horse: Kelley Bozeman, Sherrie Cheyne,
& Lisa Wright

Plainview Clover Kids: Beverly Wall

Plainview: Stacy Offield

Petersburg 4-H Project Club

WHEN: TBA

WHERE: TBA

CLUB MANAGER: Courtney Kattner

REMEMBER: ALL MEMBERS HAVE TO ENROLL ON 4-H CONNECT AND PAY THE MEMBERSHIP FEE OF \$30 IN ORDER TO PARTICIPATE IN ANY 4-H ACTIVITIES, INCLUDING SHOOTING SPORTS AND/OR SHOWING LIVESTOCK. PARENTS AND ADULTS NEED TO REGISTER IF THEY PLAN TO VOLUNTEER.

****YOU MUST RE-ENROLL EVERY YEAR!****

FACEBOOK & INSTAGRAM! **Hale County 4-H Youth Development**



Like us on:



Follow us on:



This will be a great way to keep updated on what is going on in Hale County 4-H!



HEAD



HEART



HANDS



HEALTH

**** If you have anything for next month's newsletter, get it to the office by Wednesday, December 30th by 4:00 p.m.!****

CLUB • COMMUNITY • COUNTRY •

♦ ♦ TO MAKE THE BEST BETTER ♦ ♦

County Fashion Show Results

Clover Kid	Buying Special Interest	1st	Brody Mathis	
Junior	Buying Fantastic Fashions Under \$25	1st	Evelyn Mathis	
Junior	Buying Casual Everyday Living	1st	Myka LaFrance	
Junior	Buying Casual Everyday Living	2nd	Maisey LaFrance	
Intermediate	Construction ReFashion	1st	Preslee Mora	
Intermediate	Buying Dressy	1st	Chayce Campbell	
Intermediate	Buying Casual Everyday Living	1st	Landry LaFrance	
Senior	Buying Fantastic Fashions Under \$25	1st	Elleigh Campbell	
Senior	Buying Business/Interview Attire	1st	Campbell Offield	
Senior	Buying Semi-Formal to Formal	1st	Berkley Carver	

Best Model

Clover Kid	Brody Mathis
Junior	Evelyn Mathis
Intermediate	Chayce Campbell
Senior	Berkley Carver

New Format - Educational Presentation, Public Speaking, & Share-the-Fun County Contest

County Contest will now be virtual. Those entered will be receiving an email with more detailed information.

COUNTY CONTEST: Videos due Thursday, December 10th by 12:00 p.m.

DISTRICT CONTEST: January 8th – Virtual

4-HONLINE: Opens December 4th and Closes January 6th at 12:00 p.m.

**ABERNATHY 4-H
CHRISTMAS
SCAVENGER HUNT**

STEP 1:
Grab your family

STEP 2:
Take a photo with you and:

- A Christmas Tree
- The Grinch
- A Christmas smell
- Your favorite Christmas carol
- 4-H Project decorated for Christmas
- A sleigh ride
- A Living Rudolph

STEP 3:
Submit your photos! Add the photos to a Google or Word document and email to masonwhart5336@gmail.com. Photos will be posted on Abernathy 4-H Facebook page!

**ENTRIES DUE
12.10.20 @ 7PM**

**\$\$ Gift Card Prizes
for top winner in each category**





Tips on Controlling Fear with Public Speaking

Adapted from: Public Speaking...4-H Style (1999)

Many individuals experience nervousness or anticipation prior to a speech. These feelings can range from being slightly “keyed up” to complete physical panic. What we refer to as “fear” comes from the strong desire to do our best in front of others. The only speaker or performers who do not experience some sensations are those who do not care how they do.

Remember, even if you drop all your notes, ruin your notecards with iced tea, fall on the way to the lectern, break off your heel on the platform, or blow out the bulb on the projector, do not apologize – cope! Life is full of unexpected events. The way you handle the unexpected is what is important. You owe the audience the courtesy of not making them suffer for your discomfort. So, speak without notes or shoes or projects. Get your main points across in a simple, clear manner and do not worry that it was not the way you planned – not much in life is!

Relax! Here are some ideas to try:

- Brisk exercise such as walking or jogging can reduce tension.
- Yawning is relaxing.
- Deep breathing. With mouth closed, inhale through your nose as deeply as possible. Hold this breath to the count of five (1-2-3-4-5) and then release it to the count of ten (1-2-3-4-5-6-7-8-9-10). Repeat several times.
- Become a rag doll and shake out your body.
- Stop and exhale or pause and swallow. Allow your hands to unclench and your armpits to breathe. Change positions at the lectern.
- Avoid anything to drink stronger than water because it can bring on various side effects such as burping, nausea or worse. Especially avoid caffeine drinks, alcohol or pills or drugs that stimulate or relax. Any of these products can produce an adverse effect at the wrong time.
- Build confidence.
- Strive for success. Set yourself up for a successful speech with adequate preparation and a sincere desire to share your knowledge or experiences with your audience. The feeling of success will be well worth any anxieties you have experienced.

2021 Texas State Soil and Water Conservation Contest

Must be turned in to the Hale County Extension Office by 4:30 p.m. Wednesday, December 30th

State Essay Contest

Subject: “Healthy Forests, Healthy Communities”

Junior Ages: 13 and under (Maximum of 300 words)

Senior Ages: 14-18 (Maximum of 500 words)

State Poster Contest

Theme: “Healthy Forests, Healthy Communities”

Age: Open to students 12 years and younger

Prizes: First, second and third place winners will be awarded plaques. Additional awards will be presented to state winners.

Contact Beverly Wall at 774-1040 or the NACD at stewardship@nacdn.net for more information.



4-H Livestock Projects, Reminders & Results



Excused Absences for School for Livestock Shows

Parents/Guardians are responsible for sending specific dates of each exhibitor missing school by the deadline by filling out the online form.

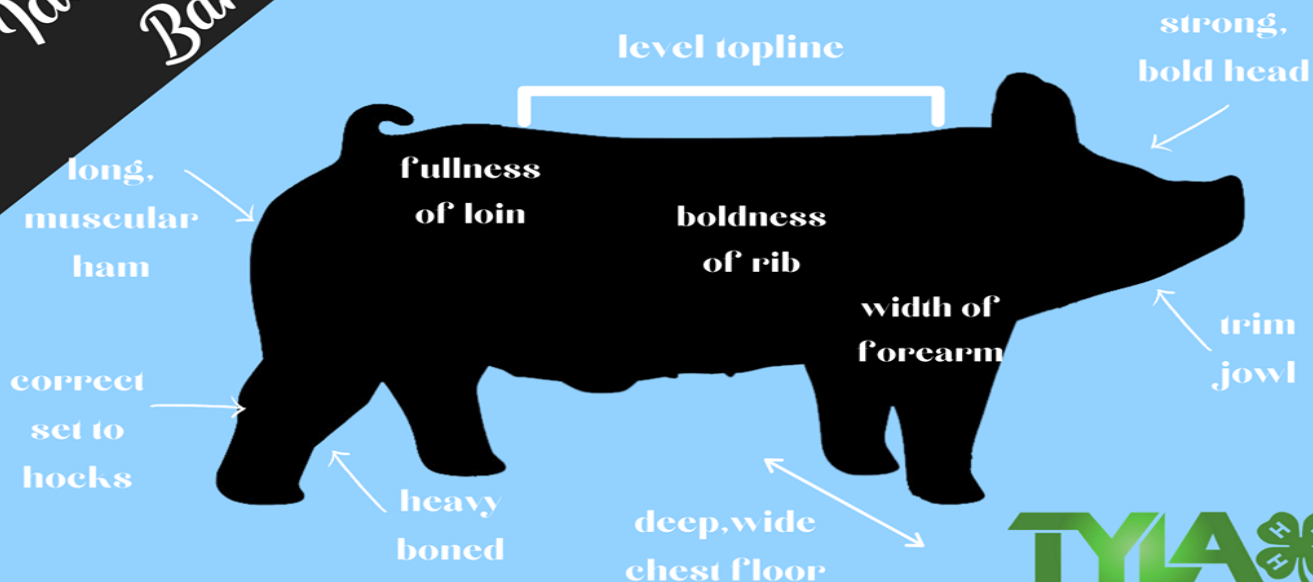
<u>Show</u>	<u>Deadline</u>
Odessa	Monday, December 14th
Hale County Livestock Show	Monday, January 4th
Patriot Steer Show	TBA
San Angelo	TBA
Texas Elite Showcase	TBA
San Antonio	TBA
Houston	TBA
Austin	TBA



If no dates are received by the deadline, no excuse letter will be sent to the schools.

*Ideal Market
Barrow*

TEXAS A&M
AGRI LIFE
EXTENSION



TYLA 
TEXAS YOUTH LIVESTOCK & AGRICULTURE

Jackpot Schedule

<u>Show</u>	<u>Date</u>	<u>Location</u>	<u>Show Contact</u>
South Plains Showdown Jackpot	Dec. 11-12	Mallet Event Center Levelland, TX	Kirk Clark 806-500-6527 Trent Houchin 806-240-5932
Randall Co. New Year's Classic	Jan. 1-2	Happy State Bank Randall County Events Center Amarillo, TX	ID Ragland 806-463-0245 Jeff Klose 806-282-8195
Top O Texas Jr. Livestock Association Sheep & Goat Show	Jan. 2	Clyde Corruth Livestock Pavilion Pampa, TX	Ryan Davis 806-886-8118
Top O Texas Jr. Livestock Association Cattle Show	Jan. 3	Clyde Corruth Livestock Pavilion Pampa, TX	Ryan Davis 806-886-8118



Preparation is Key to a Successful Swine Project

Many things factor in when we consider what a successful swine project is. You must first prepare your facility and set goals, and then selection is extremely important. General health, a consistent feeding and exercise program and showmanship are all huge factors as well.

Be sure you have a plan going into the project. Make certain that your facility is a place that is clean, warm and dry. Be sure you have good ventilation and access to fresh clean water. Concrete or dirt/sand work fine and there are advantages to both. If you plan to show white hogs, make sure the animals will be in the shade. You can contact the office for more advice on facilities.

One thing you should consider is finding someone you know or trust to be a sounding board for the duration of the project. This person can be a family member, friend, industry professional, ag teacher or county agent. The main thing is that you're comfortable with them and they have a working knowledge of the swine project. This mentor can be there to answer questions and get you through tough situations that can be extremely challenging. We all learn by doing and that is what this project is for, but having someone to lean on will make your swine project more enjoyable and successful. Please make sure that you decide on one main person to help with your project. There are many qualified individuals available, but there are many different ways to approach the project as well. If you start to mix several different methods, odds are it will create a problem.

Pigs are more like people than many of us realize! Plan on setting a routine for feeding, cleaning, brushing etc. Of course, everyone believes that their schedule works the best, truth be known, consistency is the key. Talk with everyone involved and make a schedule that works for you. Remember, this is a family project, it takes more than one person to get the best results. There will be more to come later on feeding and general health.

If you have any questions or need any assistance with your livestock projects, including purchasing and feeding, please contact Andy Hart at 806-291-5270.

TEXAS A&M AGRI LIFE EXTENSION

Hale County Extension Office
225 Broadway Street, Suite 6
Plainview, TX 79072
Phone: (806) 291-5270
Fax: (806) 291-5266
hale.agrilife.org



Audra Guess

Audra Guess,
CEA-4-H

Andy Hart



Andy Hart,
CEA-ANR

If you need any type of accommodation to participate in this program or have questions about the physical access provided, please contact Audra Guess or Andy Hart at the Hale County Extension Office at least two weeks prior to the program or event.

Texas A&M AgriLife Extension is an equal opportunity employer and program provider.

The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

December 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10 Co. Roundup Videos due by 12:00 p.m.	11	12
13	14	15	16	17 6:30 p.m.-Cotton Center	18	19
20	21	22	23	24 Office Closed 	25 Office Closed 	26
27	28	29	30	31		